

## WellPATH Wellness Challenge Frequently Asked Questions

### How will progress throughout the challenge be provided?

Answer: Each week, Pinnacle Training Systems will provide participants with an update on how they are progressing through the challenge and provide weekly motivating tips to keep everyone going!

### Can a person win multiple prizes?

Answer: No. A person will receive the prize associated with the level they reach on the prize structure. Please see the Challenge Details Packet for a detailed breakdown of all the prizes.

### How will prizes be announced?

Answer: One to two weeks after the challenge end date, an email will be sent out to winning participants notifying them of the prize tier they reached. This will also be announced on

[www.jhmbhealthconnect.com/wellness-challenges](http://www.jhmbhealthconnect.com/wellness-challenges)

### Can other activities such as riding a bike, elliptical etc. be used to count as steps towards the challenge?

Answer: Yes. There is a list of approved activities listed in the Challenge Details Packet.

### Will steps that people log before the start of the challenge count?

Answer: No, any steps that an individual has logged into the WalkerTracker app prior to the start of the challenge will be deleted and will not count towards the challenge.

### If I register late, will my steps from the first day of the challenge to my registration date count?

Answer: Yes. Once you are registered, Pinnacle Training Systems can manually move your registration date to the first day of the challenge and your steps from those days will then sync. If you are not using an electronic device for step counting, you will need to manually submit your steps/activities for those days to Pinnacle Training Systems.

### I feel I need Reasonable Accommodation as defined by the American Disabilities Act 1990 (ADA) to participate in the challenge, what should I do?

Answer: All Challenges are designed and open to all eligible FUSD members and will provide reasonable accommodations. Should you feel you need reasonable accommodations, make sure you check the box notifying us of this need on the registration form that reads "please check here if you feel you need reasonable accommodation as outlined in the ADA \_\_\_\_" and reach out to Pinnacle Training Systems at [FUSD@pinnacletrainingsystems.com](mailto:FUSD@pinnacletrainingsystems.com).