

WellPATH 2026 Spring Into Action Challenge

Registration Opens: Monday, March 9th

Start Date: Tuesday, March 24th

Challenge Ends: Monday, May 4th

Registration Details:

Participants can register via:

- Paper (fax, email or mail) **Required for Minors under 18**
- Web Browser Here: <https://pinnacle.walkertracker.com/login>
- Download the App to register Here:
 - **Apple iOS-** <https://apps.apple.com/us/app/terryberry-be-well/id844623241>
 - **Android-** https://play.google.com/store/apps/details?id=com.walkertracker&hl=en_US

Duration: 6 weeks

Spring Into Action Challenge- The focus is all about setting yourself up for success. From reflecting on your past achievements, reflecting on your past for motivation, turning motivation into action, and then breaking the goal into actionable steps. This challenge is designed to help you recognize how to get to your next goal and lay out the roadmap to get there.

The goal is a minimum of 7,500 steps/day on average to earn a prize. Each week, we will have an email highlighting the steps of planning for success. This is a map challenge with milestones where members can see their progress across a map. It is an individual challenge.

Who can participate: Active employees, spouses, domestic partners, dependent children **age 12 and over**, early retirees (defined as a retired individual under age 65 and not eligible for Medicare), and retirees covered under the District's health benefit plan are eligible to participate in the WellPATH Employee Wellness Program.

Rules for minors age 12-17 participation:

1. Minor participation will require a liability and permission form to be signed by their parent/guardian.
2. The challenge administrator will perform an audit at the beginning of the challenge to ensure that all participants are at the age of 12 at the **start date** of the challenge.

In compliance with the American Disabilities Act 1990 (ADA), all Challenges are designed and open to all eligible FUSD members and will provide reasonable accommodations. Should you feel you need reasonable accommodations, make sure you check the box notifying us of this need on the registration form that reads "please check here if you feel you need reasonable accommodation as outlined in the ADA ____" and reach out to Pinnacle Training Systems at FUSD@pinnacletrainingsystems.com.

Challenge will utilize the Be Well App

- Individual Challenge (If you do best with an accountability buddy, you can still set up an accountability buddy to check in with daily.)
- This is a step-based challenge and credit will be given for meeting the daily step goal.
- This challenge is a Map Challenge where you will see your progress on a map along with all other participants locations on the same map.
- **Please note, other participants' locations on the map and leaderboard DO NOT affect your eligibility to win a prize. If you are hitting the goal of 7,500 steps/day then you will receive a prize regardless of where you finish on the leaderboard.**

Registration Instructions:

1. Each challenge participant is required to answer all registration questions, EVERY challenge. This ensures that WellPATH has the most up to date information from you to get ahold of you to notify you if you are a winner. After the challenge ends your profile will be deleted and next challenge you participate in you will be required to register again. Registration is quick and simple.
 - a. There is a "How to Register on Be Well" guide on the JHMB Health Connect Website if you need assistance with Registering. You can access it [here](#).
2. If you have any questions regarding registration, you can email fusd@pinnacletrainingsystems.com.

Rules: WellPATH Challenges are developed with the goal of engaging and motivating as many members as possible to learn about and improve upon their health. They are designed with the hope that participants will engage in a friendly competition, find encouragement from colleagues, and pass along that encouragement to others along the way. Most importantly, WellPATH Challenges are designed to help participants build healthy habits, which will hopefully become a foundation to build upon. Please keep in mind that the prizes are an incentive and reward, but the ultimate reward is accomplishing a goal you set out to achieve.

1. Each week is Tuesday through Monday at midnight.
2. You must be enrolled in Medical Coverage under FUSD.
3. You must be 12 years of age or older. (See specific rules for minors age 12-17 above)
 - a. If it is found that a participant in the challenge is not 12 years of age or older, the participant will be disqualified from the challenge.
4. Be Well has a large list of Activities available to be converted to steps through their platform. These activities include ADA Compliant Conversions. If you are participating in an activity that is NOT listed on the site's options, please reach out to WellPATH@delapro.com and notify us, so we can work together to determine if the activity should be approved and how to credit you with that activity.
5. Pinnacle Training Systems will delete negative comments toward other participants on message boards.
6. Have fun, encourage each other, engage in the challenge and learn as much as you can!

FUSD Challenge Prize Structure

Challenge participants will participate in daily movement through steps and/or activities and track them in Be Well. Participants will receive credit for earning 7,500 or more steps/day. If you earn 7,500 steps/day on average at the end of the 42 days, you will qualify for a prize.

***Winners will be contacted via email.**